## Getting Acquainted

Congratulations upon your selection of this CASIO watch. To get the most out of your purchase, be sure to read this manual carefully.

## Warning!

- The measurement functions built into this watch are not intended for use in taking measurements that require professional or industrial precision. Values produced by this watch should be considered as reasonably accurate representations only. - When hunting or fishing, always take proper precautions to ensure your own personal safety and the personal safety of others around you.
- The hunting/fishing level indicator and moon phase indicator produced by this watch are all based on calculations that use the watch's current time, date, and
Home Site settings. Because of this, you should make sure that the current date and time, and your Home Site data are all correct before using the indicators. - See the "Timekeeping" section of this manual for information about setting the - current time and date, and about specifying your Home Site.
- Note that the hunting/fishing level indicator and moon phase indicator are all
based on calculated values. They are provided only for reference purposes.
CASIO COMPUTER CO., LTD. assumes no responsibility for any loss, or any
claims by third parties that may arise through the use of this watch.


## About This Manual



- Depending on the model of your watch, display text appears either as dark figures on a light background
(Module 4734), or light figures on a dark background (Module 4735). All sample displays in this manual are shown using dark figures on a light background.
- Depending on the model of your watch, the hunting/fishing level indicator will show either animal tracks (\$) or fish (D) All of the illustrations in this manual show animal tracks. - Button operations are indicated using the letters shown in the illustration.
For the sake of simplicity, the sample displays in this manual do not show the analog hands of the watch information you need to perform operations in each mode. Further details and technical information can be found in the "Reference" section.


## General Guide

- Press © to change from mode to mode
- In any mode (except when a setting screen is on the display), press (B) to illuminate the display.




## Timekeeping

Use the Timekeeping Mode to set and view the current time and date
This watch features separate digital and analog timekeeping. The procedures for
setting the digital time and analog time are different.
ween the thermometer screen and


- The hunting/fishing level indicator indicates the times when game or fish can be expected to be feeding. For more information, see "Hunting/Fishing Mode".
- The Moon phase indicator shows the current Moon phase in accordance with the current date as kept in the Timekeeping Mode.
- See "Thermometer" for details about the thermometer screen and temperature tendency graph.


## Important!

- Be sure to configure the current time and date, and your Home Site data (data for the site where you use the watch) correctly before using the functions of this watch.
See "Home Site Data" for more information.


## Setting the Digital Time and Date

This watch is preset with UTC differential values that represent each time zone around the globe. Before setting the digital time, be sure to first set the UTC differential for - Note that World Time Mode times are all displayed based on the time and date settings you configure in the Timekeeping Mode.
To set the digital time and date

1. In the Timekeeping Mode, hold down (A) until the seconds start to flash, which indicates the setting


- Be sure to configure the correct UTC differential for your Home Site before configuring any other
Timekeeping Mode settings.
- See the "UTC Differential/City Code List" for information about the UTC differential settings that are supported.

2. Press (C) to move the flashing in the sequence shown below to select the setting you want.

3. When the setting you want to change is flashing, use (D) and (B) to change it as described below.

| Screen: | To do this: | Do this: |
| :---: | :---: | :---: |
| $35$ | Reset the seconds to $\mathbf{4}$ (t) | Press (D). |
| $\begin{gathered} \text { DST } 989 \\ \hline \end{gathered}$ | Toggle between Daylight Saving Time (gif) and Standard Time (Ef) | Press (D). |
| $+9 \pi$ | Specify the UTC differential | Use ( ${ }^{\text {( }}(+)$ and (B) ( - ). |
| 17.78 | Change the hour or minutes | Use ( ${ }^{\text {( }}(+)$ and (B) ( - ). |
| $17$ | Toggle between 12-hour ( $\mathrm{I}=\mathrm{H}$ ) and 24-hour ( E 4 H ) timekeeping | Press (D). |
| $3087^{6-38}$ | Change the year, month, or day | Use ( ${ }^{\text {( }}$ (+) and (B) ( - ). |

- The UTC differential setting range is -12.0 to +14.0 in 0.5 -hour units for Standard Time (DST
turned on).
- For information about settings other than the time and date, see the following. Temperature Sensor Calibration: "Thermometer"
Temperature Unit: "To specify the temperature display unit"

4. Press (A) twice to exit the setting screen.

- The 12 -hour/24-hour timekeeping format you select in the Timekeeping Mode is applied in all modes.
- The day of the week is displayed automatically in accordance with the date (year, month, and day) settings.
- Any time the seconds setting isT) Setting" below for details about the DST setting. Daylight Saving Time (DST) Setting
Daylight Saving Time (summer time) advances the time setting by one hour from Standard Time. Remember that not all countries or even local areas use Daylight Saving Time.
To toggle the Timekeeping Mode digital time between DST and Standard Time

.In the Timekeeping Mode, hold down (A) until the seconds start to flash, which indicates the setting screen.

2. Press (C) once and the DST setting screen appears. 3. Press (D) to toggle between Daylight Saving Time (in displayed) and Standard Time (ar displayed)
3. Press (A) twice to exit the setting screen.

- The DST indicator appears on the Timekeeping, to indicate that Daylight Saving Time is turned on. In the case of the Hunting/Fishing Mode, the DST indicator appears on the hunting/fishing level screen only.


## Home Site Data

Moon phase, the hunting/fishing level indicator, and Hunting/Fishing Mode data will not be displayed properly unless Home Site data (UTC differential and longitude) is configured correctly.

- The UTC differential is a value that indicates the time difference between a
reference point in Greenwich, England and the time zone where a city is located. - The letters UTC is the abbreviation for Coordinated Universal Time, which is the atomic (cesium) clocks that keep time accurately to within microseconds Leap seconds are added or subtracted as necessary to keep UTC in sync with the Earth's rotation.


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- The "Site Data List" provides UTC differential and longitude information around the world.
- The following is the initial factory default Home Site data (Tokyo, Japan) when you first purchase the watch and whenever you have the batteries replaced. Change these settings to match the area where you normally use the watch.
TC differential (+9.0); Longitude (East 140 degrees)
To configure Home Site data
In the Timekeeping Mode, hold down (A) until the
$\begin{array}{ll}\text { Longitude } & \begin{array}{c}\text { 1. In the Timekeeping Mode, hold down (A) until the } \\ \text { seconds start to flash, which indicates the setting }\end{array}\end{array}$


Longitude
value screen.
2. Press (©) twice to display the UTC differential set screen, and confirm that the setting is correct. - If the UTC differential setting is not correct, use (D) (+
and (B) $(-)$ to change it.
3. Press $(A)$ to display the longitude value setting screen 4. Press (C) to toggle the flashing between the longitude value and the longitude unit (east/west).

| Setting | Screen | Button Operations |
| :---: | :---: | :---: |
| Longitude Value | $1480$ | Use (D) $(+)$ and (B) $(-)$ to change the setting. <br> - You can specify a value from $0^{\circ}$ to $180^{\circ}$, in 1 degree units. |
| Longitude Unit (East/West) | $E$ | Use (D) to switch between east longitude ( $\boldsymbol{G}$ ) and west longitude (itif). |

6. Press (A) to exit the setting screen.

Setting the Analog Time
Perform the procedure below when the time indicated by the analog hands does not match the time of the digital display.
To adjust the analog time

1. In the Timekeeping Mode, press © seven times to
(A) (B) $\quad$ enter the Hand Setting Mode.

flash, which indicates the setting scree
2. Use (D) to adjust the analog setting.

- Press (D) once to advance the hands 20 seconds. - Hold down (D) to advance the hands at high speed
- To lock high speed hands movement, hold down (D) to start it and then press (B) to lock. The hands will continue to advance for one 12 -hour cycle or until you press any button to stop it.
atically after the time advances 12 hours or if an alarm (daily alarm, Hourly Time Signal, or countdown beeper) starts to sound.

4. Press (A) to exit the setting screen

- The minute hand will be adjusted slightly to match the seconds when you exit the setting screen.
- To return to the Timekeeping Mode, press (C).


## Hunting/Fishing Mode



The Hunting/Fishing Mode displays an indicator that shows, as one of five levels, the suitability of a specific date and time (minute 00 to minute 59 of a particular hour) for hunting or fishing. This mode also can be used to display Moon Data (Moon age and Moon phase) for a specific date.

- If you suspect that the hunting/fishing level indicator or current Moon data is wrong for some reason, check the Home Site), and correct them if required, date, and Home Site), and correct them if required
- See "Moon Phase Indicator" for information about the
- All of the operations in this section are performed in the Hunting/Fishing Mode, which you enter by pressing (C).
Hunting/Fishing
Level Screen
Hunting/Fishing Level Indicator
The hunting/fishing level indicator shows the relative favorability of a hunting/fishing time (calculated in accordance with Moon transit and phase) as shown in the table below.

| Module | Level 5 | Level 4 | Level 3 | Level 2 | Level 1 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 4734 | an |  |  |  |  |
| 4735 |  |  |  |  |  |


| Moon Transit | Upper <br> Lower | West <br> East | Other |
| :--- | :---: | :---: | :---: |
| Moon Phase | Level 5 | Level 4 | Level 3 |
| New moon* <br> Full moon | Level 4 | Level 3 | Level 2 |
| First quarter <br> Last quarter | Level 3 | Level 2 | Level 1 |
| Other |  |  |  |

*These indicators actually appear during Moon ages 13.0 to 16.6 (Full Moon and
phase immediately preceding it) and 27.7 to 1.8 (New Moon and phase immediately preceding it).

- The hunting/fishing level indicator changes in accordance with the Moon data - In the Timekeeping Mode, the HUNT/FISH indicator flashes whenever the hunting fishing level of the current time is 4 or 5 .

To view the current hunting/fishing level and Moon data
In the Hunting/Fishing Mode, press (A) to toggle between the hunting/fishing level In the Hunting/Fishing Mode, press
screen and the Moon Data screen

- The hunting/fishing level indicator shows the level for the displayed time. The initial hunting/fishing level screen shows the level for 6:00 a.m. The Moon data screen shows the Moon age and Moon phase for the current date.

- While the hunting/fishing level screen is displayed, press (D) to advance to the next hour.
- While the Moon Data screen is displayed, press (D) to advance to the next day. - You can also specify a particular date (year, month, day) to view its hunting/fishing - You can also specify a particular date (year, month, day) to view its
level and Moon data. See "To specify a date" for more information.
- When you enter the Hunting/Fishing Mode, the screen (hunting/fishing level or Moon data) that was displayed the last time you exited the mode appears first.
To specify a date

1. In the Hunting/Fishing Mode, hold down (A) until the In the Hunting/Fishing Mode, hold down (A) until the
year setting starts to flash, which indicates the setting sress. © below to select the other settings.

2. While a setting is flashing, use (D) $(+)$ or (B) $(-)$ to change it.

- You can specify a date in the range of January 1, 2000 to December 31, 2099

5. la to display

## Thermometer

This watch uses a temperature sensor to measure temperature. A reading is taken during each even-numbered minute, and the result of the last reading is displayed on the thermometer screen.
The watch also takes separate readings and stores them in memory for display in the temperature tendency graph, which can be viewed in the Timekeeping Mode. Measured temperature values are stored in memory for later recall when you need them.


- You can select either Celsius $\left({ }^{\circ} \mathrm{C}\right)$ or Fahrenheit ( ${ }^{\circ} \mathrm{F}$ ) units for the thermometer screen. See "To specify the temperature display unit" for more information.
- The thermometer screen displays temperature values in $0.1^{\circ} \mathrm{C}$ units (or $0.2^{\circ} \mathrm{F}$ units)
- The display range of the thermometer screen is $-10.0^{\circ} \mathrm{C}$ to $60.0^{\circ} \mathrm{C}$ (or $14.0^{\circ} \mathrm{F}$ to
- You can c
values are note the temperature sensor if you feel that the displayed temperature re not correct. See "Temperature Sensor Calibration" for more information.


## Important!

- Temperature measurements are affected by your body temperature (while you are wearing the watch), direct sunlight, and moisture. To achieve a more accurate ventilated location out of direct sunlight, and wipe all moisture from the case. It takes approximately 20 to 30 minutes for the case of the watch to reach the actual surrounding temperature.


## Temperature Tendency Graph

The watch also takes temperature readings at the top and the bottom of each hour and stores the results in memory for display on the temperature tendency graph. Depending on the current Timekeeping Mode time, the temperature tendency graph shows either the top of the hour measurements or the bottom of the hour measurements for the past 17 hours.
From the top of each hour to the 29th minute, past top of the hour readings are shown in the graph. From the bottom of each hour to the 59th minute, past bottom of the hour Temperature tendency graph contents are updated every 30 minutes.


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The horizontal axis of the graph represents time. The rightmost column is the newest emperature value in memory, while the leftmost column is the temperature value hours ago ( 1 dot $=1$ hour). The vertical axis of the graph

- When the relative change from one hour to the next exceeds $+10.0^{\circ} \mathrm{C}\left(+18.0^{\circ} \mathrm{F}\right)$, the dot at the highest point for the applicable hour flashes.
- When the relative change from one hour to the next exceeds $-10.0^{\circ} \mathrm{C}\left(-18.0^{\circ} \mathrm{F}\right)$,
there is no dot in the applicable hour's column.
- If a measurement error occurs for some reason, only a single the dot in the center column will be displayed.


Recalling Temperature Data
The measurements the watch takes at the top and the bottom of each hour are stored in memory automatically. Memory can hold up to 50 measurement records. You can use the Temperature Data Recall Mode to recall memory data when you need it.
each temperature data record has a number. The newest data record is number while the oldest data record is the one with the highest number.

- When there are already 50 records in memory, storage of a new temperature reading causes the oldest record (record number 50) to be deleted automatically to make room for the new data. The new data is assigned record number 1 , and all of the numbers of all the other records ( 01 to 49 ) are incremented by 1 (becoming 02 through 50).

To recall temperature records

1. In the Timekeeping Mode, press (C) twice to enter the
Temperature Data Recall Mode.

Stopwatch


To measure times with the stopwatc

## Elapsed Time



Countdown Timer
(A)

You can set the countdown timer within a range of one minute to 100 hours. An alarm sounds when the countdown reaches zero.

- You can also select auto-repeat, which automatically restarts the countdown from the original value you set whenever zero is reached.
- All of the operations in this section are performed in the Countdown Timer Mode, which you enter by pressing (C).

Hours Seconds

## To use the countdown timer

Press (D) while in the Countdown Timer Mode to start the countdown timer
When the end of the countdown is reached and auto-repeat is turned off, the alarm sounds for 10 seconds or until you stop it by pressing any button. The countdown

- When auto-repeat is turned on the countdown will restart automatic
pausing when it reaches zero The alarm sounds to signal when the countdown pausing when it reaches zero. The alarm sounds to signal when the countdown reaches zero.
The countdown timer measurement operation continues even if you exit the
- To stop a countdown operation completely, first pause it (by pressing (D), and then press (A). This returns the countdown time to its starting value.

To configure countdown start time and auto-repeat settings

3. Perform the following operations, depending on which setting is currently selected on the display.

- While the start time setting is flashing, use (D) $(+)$ and (B) $(-)$ to change it.
- Set ditit to specify 100 hours.
- While the auto-repeat on/off setting ( $\boldsymbol{E f}$ or AF ) is flashing on the display, press (D) to toggle auto-repeat on ( $\mathbf{H F}$ ) and off ( ( AF ).

4. Press (A) to exit the setting screen.

- The auto-repeat on indicator ( $\$$ ) is displayed on the Countdown Timer Mode screen while this function is turned on.
- Frequent use of auto-repeat and the alarm can run down battery power.


## Alarm


indicator on indicator
To set the alarm time


1. In the Alarm Mode, hold down (A) until the hour setting of the alarm time starts to flash, which indicates the setting screen 2. Press (C) to move the flashing between the hour and While a setting is flashing, use (D) $(+)$ and (B) $(-)$ to change it.

- When setting the alarm time using the 12 -hour format, take care to set the time correctly as a.m. (A indicator) or p.m. (P indicator).

4. Press (A) to exit the setting screen.

## Alarm Operation

The alarm sounds at the preset time for 10 seconds, regardless of the mode the watch is in. - To stop the alarm tone after it starts to sound, press any button.

To test the alarm
In the Alarm Mode, hold down (D) to sound the alarm.
To turn the Daily alarm and the Hourly Time Signal on and off
In the Alarm Mode, press (D) to cycle through the settings shown below.


- The alarm on indicator and the Hourly Time Signal on indicator are shown on the display in all modes while these functions are turned on.

World Time

Day of week and day | The World Time Mode digitally displays the current time in |
| :--- |
| in selected city |
| City codes (30 time zones) around the world. |
| - The times kept in the World Time Mode are |
| synchronized with the time being kept in the |

Timekeeping Mode. If you feel that there is an error in
any World Time Mode time, check the UTC differential of
your Home Site Data (Home City) and the current
setting of the Timekeeping Mode time.

- Select a city code in the World Time Mode to display the
current time in any particular time zone around the
globe. See the "UTC Differential/City Code List" for
information about the UTC differential settings that are
supported.
- All of the operations in this section are performed in the
World Time Mode, which you enter by pressing (C).

To view the time in another city
While in the World Time Mode, press (D) to scroll eastward through the city codes (time zones).

To toggle a city code time between Standard Time and Daylight Saving Time


DST indicator

1. In the World Time Mode, use (D) to display the city code (time zone) whose Standard Time/Daylight Saving Time setting you want to change.
2. Hold down (A) to toggle between Daylight Saving Time (DST indicator displayed) and Standard Time (DST indicator not displayed).

- The DST indicator is shown on the World Time screen
while Daylight Saving Time is turned on.
code causes the setting to be applied to all city codes city


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Warning!

- Always make sure you are in a safe place whenever you are reading the display of the watch using the auto light switch. Be especially careful when running or engaged in any other activity that can result in accident or injury startle or distract others around you.
- When you are wearing the watch, make sure that its auto light switch is turned off before riding on a bicycle or operating a motorcycle or any other motor vehicle. Sudden and unintended operation of the auto light switch can create distraction, which can result in a traffic accident and serious personal injury.
To turn the auto light switch on and off
In the Timekeeping Mode, hold down (D) for about three seconds to toggle the auto Tight swith light witch on indicator (an
display in all modes while the auto
- In order to protect against running down the battery, the auto light switch will turn off automatically approximately six hours after you turn it on. Repeat the above procedure to turn the auto light switch back on if you want.


## Reference

This section contains more detailed and technical information about watch operation. It also contains important precautions and notes about the various features and functions of this watch.
Moon Phase Indicator
The Moon phase indicator of this watch indicates the current phase of the Moon as shown below.


| (part you cannot see) $\square \square$ Moon phase (part you can |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Moon Phase Indicator | Module 4734 | (D) | (1) | (D) | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | () | (1) |
|  | $\begin{aligned} & \text { Module } \\ & 4735 \end{aligned}$ |  | $)$ | ) | ( ${ }^{(1)}$ | (1) | (1) | ( | ( |
| Moon Age |  | $\begin{array}{\|l\|} \hline 0.0-1.8 \\ 27.7-29.5 \\ \hline \end{array}$ | 1.9-5.5 | 5.6-9.2 | 9.3-12.9 | 13.0-16.6 | 16.7-20.2 | 20.3-23.9 | 24.0-27.6 |
| Moon Phase |  | New Moon |  | First Quarter (Waxing) |  | $\begin{array}{\|l} \hline \begin{array}{l} \text { Full } \\ \text { Moon } \end{array} \end{array}$ |  | Last Quarter (Waning) |  |

- The Moon phase indicator shows the Moon as viewed at noon from a position in the Northern Hemisphere looking south. Note that at times the image shown by the Northern Hemisphere looking south. Note that at times the image shown by
Moon phase indicator may differ from that of the actual Moon in your area. - The left-right orientation of the Moon phase is reversed when viewing from the Southern Hemisphere or from a point near the equator.


## Moon Phases and Moon Age

The Moon goes through a regular 29.53-day cycle. During each cycle, the Moon appears to wax and wane as the relative positioning of the Earth, Moon, and Sun changes. The greater the angular distance between the Moon and the Sun,* the more
*The angle to the Moon in relation to the direction at which the Sun is visible from the Earth.
This watch performs a rough calculation of the current Moon age starting from day 0 of the moon age cycle. Since this watch performs calculations using integer values only (no fractions), the margin for error of the displayed Moon age is $\pm 1$ day.

Thermometer
Temperature Sensor Calibration
The temperature sensor built into the watch is calibrated at the factory and normally requires no further adjustment. If you notice serious errors in the temperature readings produced by the watch, you can calibrate the sensor to correct the errors.

## Important!

Incorrectly calibrating the temperature sensor can result in incorrect readings.
Carefully read the following before doing anything.

- Compare the readings produced by the watch with those of another reliable and
accurate thermometer.
- If adjustment is required, remove the watch from your wrist and wait for 20 or 30 minutes to give the temperature of the watch time to stabilize.


## To calibrate the temperature sensor

Calibration value 1. In the Timekeeping Mode, hold down (A) until the
 seconds start to flash, which indicates the setting screen.
2. Press (C) nine times to display the temperature sensor calibration screen.
3. Use (D) $(+)$ and (B) $(-)$ to change the calibration value.
You can change the value in $0.1^{\circ} \mathrm{C}\left(02^{\circ} \mathrm{F}\right)$ steps in range of $\pm 10^{\circ} \mathrm{C}\left( \pm 18^{\circ} \mathrm{F}\right)$. The calibration value shows "--.-" when the setting is outside the allowable range.

- To return the calibration value to its default (no calibration, indicated by "- -"),
- To return the calibration value to its
press (D) and (B) at the same time.
- Temperature sensor calibration will not be possible if the current reading is outside the allowable display range $\left(-10.0^{\circ} \mathrm{C} / 14.0^{\circ} \mathrm{F}\right.$ to $\left.60.0^{\circ} \mathrm{C} / 140.0^{\circ} \mathrm{F}\right)$ and the calibration value shows "-
- Setting a sensor calibration value does not affect temperature values that are already stored in memory.

4. After configuring the setting you want, press (A) twice to exit the setting screen.

To specify the temperature display unit


In the Timekeeping Mode, hold down (A) until the seconds start to flash, which indicates the setting 2. Press (C) 10 times to display the temperature unit setting screen.
. Use (D) to switch between Celsius ( $\mathrm{O}_{[ }$) and Fahrenheit (of). berinitial factory default and the initial default after battery replacement is Celsius (or).
4. After configuring the setting you want, press © $A$ twice to exit the setting screen.

- The temperature display unit setting you select is also applied to temperature values that are already stored in memory.


## Button Operation Tone

Mute indicator


The button operation tone sounds any time you press on of the watch's buttons. You can turn the button operation

- Even if you turn off the button operation tone, the alarm, Hourly Time Signal, and Countdown Timer Mode alarm all operate normally.
To turn the button operation tone on and off
In any mode (except when a setting screen is on the display), hold down (c) to toggle the button operation tone on ( $\$>$ not displayed) and off ( $\$<$ displayed).
- Since the (© button is also the mode change button, holding it down to turn the button operation tone on or off also causes the watch's current mode to change.
- The $\searrow \ll$ indicator is displayed in all modes when the button operation tone is turned off.


## Auto Return Feature

- If you leave a screen with flashing digits on the display without performing any operation for two or three minutes, the watch saves any settings you have made up to that point and exits the setting screen automatically.
- The watch will change to the Timekeeping Mode automatically if you do not perform any operation in the Hunting/Fishing Mode, Temperature Data Recall Mode, Alarm Mode, or Hand Setting Mode for two or three minutes.


## Scroling

The (B) and (D) buttons are used in various modes and setting screens to scroll through data on the display. In most cases, holding down these buttons during a scroll operation scrolls through the data at high speed.

## Timekeeping

- Resetting the seconds to $\mathbf{4}$ while the current count is in the range of 30 to 59 causes the minutes to be increased by 1. In the range of 00 to 29 , the seconds are With the without changing the minutes.
With the 12-hour format, the $\mathbf{P}$ (PM) indicator appears on the display for times in the range of noon to 11:59 p.m. and the $\mathbf{A}(\mathrm{AM})$ indicator appears for times in the range With the 24 -hour format, times are displayed in the range of $0: 00$ to $23: 59$, without any indicator.
- The year can be set in the range of 2000 to 2099.
- The watch's built-in full automatic calendar makes allowances for different month
lengths and leap years. Once you set the date, there should be no reason to change it except after you have the watch's batteries replaced.


## World Time

- The seconds count of the World Time is synchronized with the seconds count of the Timekeeping Mode.
- All World Time Mode times are calculated from the current time in the Timekeeping Mode using UTC time differential values.


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## Illumination Precautions

- The electro-luminescent panel that provides illumination loses power after very long use
- Illumination may be hard to see when viewed under direct sunlight
- The watch may emit an audible sound whenever the display is illuminated. This is due to vibration of the EL panel used for illumination, and does not indicate
malfunction.
lilumination turns off automatically whenever an alarm sounds.
requent use of illumination runs down the batteries.
Auto light switch precautions
Avoid wearing the watch on the inside of your wrist. Doing so causes the auto ligh switch to operate when it is not needed, which shortens battery life. If you want to wear the watch on the inside of your wrist, turn off the auto light switch feature.
More than 15 degrees - Illumination may not turn on if the face of the watch is too high
 more than 15 degrees above or below parallel. Make sure that the back of your hand is parallel to the ground keep the watch pointed towards your face
- Static electricity or magnetic force can interfere with proper operation of the auto light switch. If illumination does not turn on, try moving the watch back to the starting position (parallel with the ground) and then tilt it back toward you again. If this does not work, drop your arm all the way down so it hangs at your side, and then bring it back up again.
- Under certain conditions, illumination may not turn on until about one second after you turn the face of the watch towards you. This does not necessarily indicate
You may notice a very faint switch.
都 witch, and does not

UTC Differential/City Code List

| City Code | City | UTC Differential | Other major cities in same time zone |
| :---: | :---: | :---: | :---: |
| PPG | Pago Pago | -11.0 |  |
| HNL | Honolulu | -10.0 | Papeete |
| ANC | Anchorage | -09.0 | Nome |
| YVR | Vancouver |  |  |
| SFO | $\frac{\text { San Francisco }}{\text { Los Angeles }}$ | -08.0 | Las Vegas, Seattle/Tacoma, Dawson City |
| LAX | Los Angeles |  |  |
| MEX | Dexicer | -07.0 | Edmonton, EIPaso |
| CHI | Chicago | -06.0 | Houston, Dallas/Fort Worth, New Orleans, Winnipeg |
| MIA | Miami |  | Montreal, Detroit, Boston, |
| NYC | New York | -05.0 | Panama City, Havana, Lima, Bogota |
| CCS | Caracas | -04.0 | La Paz, Santiago, Port Of Spain |
| YYT | St. Johns | -03.5 |  |
| RIO | Rio De Janeiro | -03.0 | Sao Paulo, Buenos Aires, Brasilia, Montevideo |
| RAI | Praia | -01.0 |  |
| LIS | Lisbon | +00.0 | Dublin, Casablanca, Dakar, Abidjan |
| LON | London | +0.0 | Dubin, Casablanca, Dakar, Abijan |
| BCN | Barcelona |  |  |
| $\frac{\text { PAR }}{\text { MIL }}$ | Paris | +01.0 | Amsterdam, Algiers, Hamburg, Frankfurt, Vienna, Madrid, Stockholm |
| ROM | Rome |  |  |
| BER | Berlin |  |  |
| ATH | Athens |  |  |
| JNB | Johannesburg |  |  |
| IST | Istanbul | +02.0 | Helsinki, Beirut, Damascus, Cape Town |
| CAI | Cairo |  |  |
| JRS | Jerusalem |  |  |
| MOW | Moscow |  |  |
| JED | Jeddah | +03.0 | Kuwait, Riyadh, Aden, Addis Ababa, Nairobi |
| THR | Tehran | +03.5 | Shiraz |
| DXB | Dubai | +04.0 | Abu Dhabi, Muscat |
| KBL | Kabul | +04.5 |  |
| KHI | Karachi | +05.0 |  |
| MLE | Male | +05.0 | Mumbai, Kolkata |
| DAC | Dhaka | +06.0 | Colombo |
| RGN | Yangon | +06.5 |  |
| BKK | Bangkok | +07.0 | Phnom Penh, Hanoi, Vientiane |
| $\mathrm{JKT}^{\text {ST }}$ | Jakarta | +07.0 | Phnom Pent, Hanoi, Vientiane |
| SKG | Singapore | +08.0 | Kuala Lumpur, Taipei, Manila, Perth, Ulaanbaatar |
| BJS | Beijing |  | Kuala Lumpur, Tapei, Manka, Perm, Ulaanbaarar |
| SEL | Seoul | +09.0 |  |
| TYO | Tokyo | +09.0 | Pyongyang |
| ADL | Adelaide | +09.5 | Darwin |
| GUM | Syuam | +10.0 | Melbourne, Rabaul |
| NOU | Sydney | +11.0 | Port Vila |
| WLG | Wellington | +12.0 | Christchurch, Nadi, Nauru Island |
| TBU | Nuku'Alofa | +13.0 |  |

Based on data as of December 2005.
The sequence of these city codes is SIN $\rightarrow$ JKT.

Site Data List

| Site | UTC Differential |  | Longitude |
| :---: | :---: | :---: | :---: |
|  | Standard | DST/ Summer Time |  |
| Anchorage | -9.0 | -8.0 | $149^{\circ} \mathrm{W}$ |
| Bahamas | -5.0 | -4.0 | $77^{\circ} \mathrm{W}$ |
| Baja, California | -7.0 | -6.0 | $110^{\circ} \mathrm{W}$ |
| Bangkok | +7.0 | +8.0 | $101^{\circ} \mathrm{E}$ |
| Boston | -5.0 | -4.0 | $71^{\circ} \mathrm{W}$ |
| Buenos Aires | -3.0 | -2.0 | $58^{\circ} \mathrm{W}$ |
| Casablanca | +0.0 | +1.0 | $8^{\circ} \mathrm{W}$ |
| Christmas Island | +14.0 | +15.0 | $158^{\circ} \mathrm{W}$ |
| Dakar | +0.0 | +1.0 | $17^{\circ} \mathrm{W}$ |
| Gold Coast | +10.0 | +11.0 | $154{ }^{\circ} \mathrm{E}$ |
| Great Barrier Reef, Cairns | +10.0 | +11.0 | $146^{\circ} \mathrm{E}$ |
| Guam | +10.0 | +11.0 | $145^{\circ} \mathrm{E}$ |
| Hamburg | +1.0 | +2.0 | $10^{\circ} \mathrm{E}$ |
| Hong Kong | +8.0 | +9.0 | $114{ }^{\circ} \mathrm{E}$ |
| Honolulu | -10.0 | -9.0 | $158^{\circ} \mathrm{W}$ |
| Jakarta | +7.0 | +8.0 | $107^{\circ} \mathrm{E}$ |
| Jeddah | +3.0 | +4.0 | $39^{\circ} \mathrm{E}$ |
| Karachi | +5.0 | +6.0 | $67^{\circ} \mathrm{E}$ |
| Kona, Hawaii | -10.0 | -9.0 | $156^{\circ} \mathrm{W}$ |
| Lima | -5.0 | -4.0 | $77^{\circ} \mathrm{W}$ |
| Lisbon | +0.0 | +1.0 | $9^{\circ} \mathrm{W}$ |
| London | +0.0 | +1.0 | $0^{\circ} \mathrm{E}$ |
| Los Angeles | -8.0 | -7.0 | $118^{\circ} \mathrm{W}$ |
| Maldives | +5.0 | +6.0 | $74{ }^{\circ} \mathrm{E}$ |
| Manila | +8.0 | +9.0 | $121^{\circ} \mathrm{E}$ |
| Mauritius | +4.0 | +5.0 | $57^{\circ} \mathrm{E}$ |
| Melbourne | +10.0 | +11.0 | $145^{\circ} \mathrm{E}$ |
| Miami | -5.0 | -4.0 | $80^{\circ} \mathrm{W}$ |
| Noumea | +11.0 | +12.0 | $166^{\circ} \mathrm{E}$ |
| Pago Pago | -11.0 | -10.0 | $171^{\circ} \mathrm{W}$ |
| Palau | +9.0 | +10.0 | $135^{\circ} \mathrm{E}$ |
| Panama City | -5.0 | -4.0 | $80^{\circ} \mathrm{W}$ |
| Papeete | -10.0 | -9.0 | $150^{\circ} \mathrm{W}$ |
| Rio De Janeiro | -3.0 | -2.0 | $43^{\circ} \mathrm{W}$ |
| Seattle | -8.0 | -7.0 | $122^{\circ} \mathrm{W}$ |
| Shanghai | +8.0 | +9.0 | $121^{\circ} \mathrm{E}$ |
| Singapore | +8.0 | +9.0 | $104{ }^{\circ} \mathrm{E}$ |
| Sydney | +10.0 | +11.0 | $151^{\circ} \mathrm{E}$ |
| Tokyo | +9.0 | +10.0 | $140^{\circ} \mathrm{E}$ |
| Vancouver | -8.0 | -7.0 | $123^{\circ} \mathrm{W}$ |
| Wellington | +12.0 | +13.0 | $175^{\circ} \mathrm{E}$ |

- Based on data as of 2003.

